The Open University

supported by National Cyber Security Centre

Security and Me

MOTIVATING JENNY

Participant Instructions

This questionnaire will help you to learn more about how you approach work and security in your current workplace.

For each of the following questions, select with a tick the answers that best describe you and your situation. You may find several answers apply; feel free to select them all.

Afterward, use the Organiser instructions (OrganiserInstructions.pdf) to assess and discuss your answers with others.

University of Exeter

Lancaster University

Lopez, T., Weir, C., Tun, T., Cooper, H., Bandara, A., Levine, M., Nuseibeh, B. and Sharp, H. (2020) 'Security and Me', figshare [Online]. DOI: 10.21954/ou.rd.12213137.

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Questionnaire

Which of the following statements best describe you?

- ○ I am technically competent
- ○ I am analytical
- ○ I am creative
- ○ I am entrepreneurial

Which of the following are important to you?

- ○ Job security
- ○ Work–life balance
- ○ Independence (autonomy)
- ○ Making a contribution
- ○ Working for a cause
- ○ Overcoming challenges
- ○ Status

Which of these statements describe the way you work?

- ○ I form strategies using information in the situation before me
- ○ I tend to follow a fixed set of procedures
- ○ I am reflective
- ○ I often question my own reasoning
- ○ I am innovative
- ○ I prefer to refine the work of others

Which of the following energise you?

- ○ equity of treatment compared with peers
- ○ trust from peers
- ○ empowerment
- ○ responsibility
- ○ belonging to a group
- ○ work variety
- ○ technically challenging work
- ○ opportunities for creativity
- ○ opportunities for innovation
- ○ learning useful knowledge
- ○ social impact of work
- ○ well-defined work
- ○ having fun
- ○ respect from peers

Which of the following sap your energy?

- ○ high workload
- ○ unrealistic goals
- ○ inequity of treatment compared with peers
- ○ interesting work going to others
- ○ boring work
- ○ repetitive work
- ○ poor communication
- ○ bad relationship with users
- ○ bad relationship with colleagues
- ○ poor management
- ○ poor job fit to individual characteristics producing poor quality software
- ○ lack of own influence

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Thinking about the last full day you worked, which of the following activities did you do?

- ○ Coding - reading or writing code and tests
- ○ Bug fixing, including debugging
- ○ Testing - running tests, performance or smoke testing
- ○ Specification - working on/with requirements
- ○ Reviewing code
- ○ Documentation
- ○ Meetings - planned and unplanned
- ○ Email
- ○ Interruptions - by people, unplanned tool behaviour
- ○ Helping - helping, managing or mentoring people
- ○ Networking - maintaining relationships
- ○ Learning - honing skills, informal learning, training
- ○ Administrative tasks - to support process or infrastructure
- ○ Breaks - out of office appointments, lunch

How much do each of the following statements describe you?

Not at all	A little	Pretty well	Well	
○	○	○	○	I worry about security. Sometimes I am aware that things could be done better, but I don't always have the ability to make changes or to make better security a priority.
○	○	○	○	I don't think a lot about security. There are security policies and measures in place where I work and I am able to rely on existing mechanisms in frameworks and infrastructure.
○	○	○	○	I am interested in security, I think it is a fascinating topic. I don't know why, but I just got curious and started reading up and learning things. At some point I realised I know more than others.
○	○	○	○	I believe software should be made secure through engineering. If you say 'write this piece of software' I will write it so it does this thing and no other things. Software that does what it is specified to do and nothing else will be secure.
○	○	○	○	I wouldn't say I'm an expert, but I have a good understanding about how security works in my organisation. I do this by solving problems that come up and by helping others solve problems.

You have answered all of the questions. Now use the assessment guide to self-reflect or discuss your answers with other team members.

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