***Facing Elements Is Facing Change***

This photo of the other side of Swansea landscape was taken after a sunny and clear day. What other side of Swansea I am talking about? The one impossible to see because harsh weather.

It was a miserable rainy day but I couldn’t wait for good weather to make my day, so I decided to cycle anyway doing my usual route. Rain wasn’t a problem cause I’m used to but something started hitting my helmet… I thought somebody was throwing something at me but there was hailing, little pieces of ice at high speed and I thought it was going to ruin my ride, but it didn’t. Actually, I felt challenged and nice cause chilly sensation over my face. In Spanish, when things are going wrong, we used to say: “ **Face the bad weather with your best face** ” so no point in complaint about weather. In fact, it is even better completing my ride under so harsh conditions cause it makes me stronger.

I was happy until something invisible prevented me of advancing: The wind. I tried hardly but my tights were shouting at me: Stop! Stop! I couldn’t, I was climbing and facing so strong winds I haven’t seen before whilst cycling. Despite that I decided to carry on, to keep pedalling til reach home, so I did. It made me think ‘*invisible things are the real enemy*’. Neither the wind, nor the hail, not climbing. Just the wind. One cannot see things there are stopping us; sometimes one can feel them but because there are invisible, one ignore. Just when I decided accepting wind, then I was able to complete my trip. But in that moment I thought ‘ Its is not enough’ No, instead of finishing one cycling round, I decided to make a second round trip and turn it into a journey.

Next day was rainy and cloudy again, but no wind. Today is clear and shiny but also terrible windy when I’m cycling. It doesn’t matter, if I could do once then I can do many times more.

